



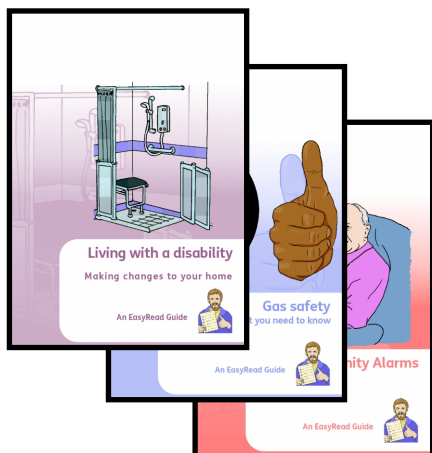
Treating people right

Bullying and Hate Crime

An EasyRead Guide



About us and these booklets



This booklet

This EasyRead booklet is part of the EasyDocs series of booklets about your housing. We hope you find them useful.

There is more information about the other EasyDocs booklets and how to get them on the back page.

About us



Independent Housing (UK) Ltd. Is a registered Housing Charity and was established in 2007.



Your local office is Poynton Head Office.

It is open from 9am to 5pm,
Monday to Friday



Please get in touch with us if you have any questions or need any more information.

Details about how to get in touch with us are at the back of this booklet.



What is bullying?

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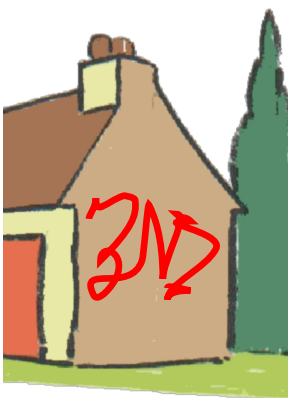
What is bullying?



Bullying does not only happen to children. Adults get bullied too. This can be illegal and called a Hate Crime or Harrassment.

Bullying can be someone:

- calling you names
- making threats to you
- hurting you



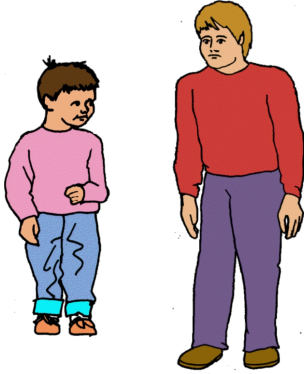
- writing words on your home or garden



- damaging your home or garden.



Bullying can happen in your home or on the streets where you live.



It can happen to adults or children. Adults and children can also bully other people.



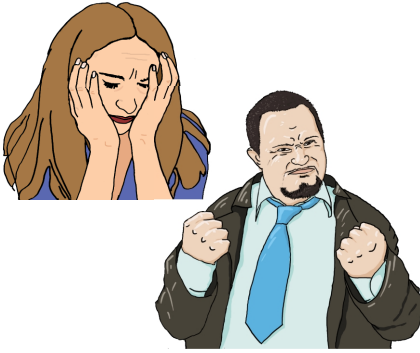
It could be because of their:

- religion
- mental health
- learning disability
- cultural background
- because they are gay, lesbian or bisexual
- gender
- because they have HIV or Aids.



For example, if someone feels that they have been treated in a racist way we see it as racism.

What you can do



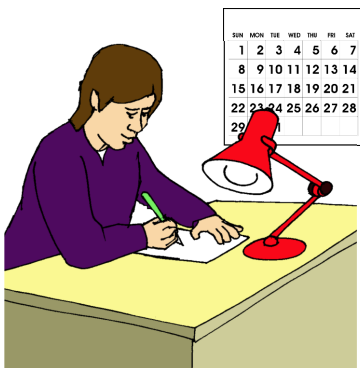
If you are bullied or harassed you can feel upset or angry. We can help you.



The sooner you tell us about it the sooner we can help you. You can call us at any time day or night. Our workers will usually get in touch with you within



You can also tell the police or another organisation, especially if it is serious.



Write it down

If you can, write down or ask someone to help you write down everything that happens with the dates and times.



When we visit you we will make a plan with you.



What we will do to help

When we have made a plan with you we will let you know what is happening.



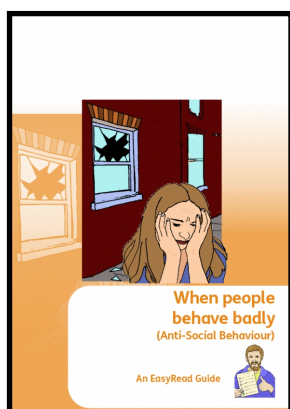
We will help to support you and help you find other people who can support you.



We will also find out if the law can help you.



Always remember that it helps if you tell people that you are being bullied.



Please see our other booklet, “When People Behave Badly”.

How to get in touch with us



You can call our Head Office at any time of the day or night. If no one is there leave a message and we will get back to you.



Telephone:

01625 877 522



If English is not your first language we can make sure that there is someone to help with translation.

Standards

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It meets:

- the Government's new EasyRead guidance

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